

Suppositories Available At The VCBC

Suppositive

- **Moderate Strength** - ideal for consistent, maintenance dosing throughout the day
- Made with lots of coconut oil and some cocoa butter to allow for fast absorption
- **Made with essential cannabis resin - mainly THC**

Suppositive Plus

- **High Dose** - ideal for intense symptoms and acute pain
- Made with lots of coconut oil and some cocoa butter to allow for fast absorption
- **Made with essential cannabis resin - mainly THC**

Green Suppositive

- **Moderate Strength** - ideal for consistent, maintenance dosing throughout the day
- Made with cocoa butter and an infusion of cannabis

NOTE: GREEN SUPPOSITIVES ARE MORE LIKELY TO CAUSE A BOWEL MOVEMENT

Vaginal Suppositories

A direct line to the bloodstream and much like the rectum, active cannabis components will bypass the liver, avoiding a psychoactive effect. Bioavailability of vaginal walls is highly efficient and because you are also putting the medicine directly on the affected area, strong topical relief can often be created.

Vaginal suppositories can be highly medicinal for a variety of vaginal discomforts and diseases such as:

- Cervical and other vaginal cancers
- Symptoms of Menopause
- Menstrual Cramps
- Discomfort from yeast infections
note: coconut oil base is highly anti-fungal
- Sexual pain - before or after

NOTE: ALL OF OUR SUPPOSITORIES CAN BE USED VAGINALLY

Yoni Care Vaginal Suppositories

Cocoa butter, essential cannabis resin, essential oils

- Moderate - High Strength 50 MG

Victoria Cannabis Buyer's Club

Founded in 1996



Suppositories Information Guide

*Open Everyday 10am - 7pm
Sunday and Holidays -11am*

826 Johnson St
Victoria BC V8W 1N3
Phone: 250-381-4220
Email: hellovcbc@gmail.com
Web: <http://vcbc.live>

Research by N.Fraleigh

Advantages

Medicine can be administered if oral administration is not available due to

- throat or jaw injuries
- vomiting
- oral intake restrictions like surgery

Avoidance of the GI tract

- prevents irritation of sensitive digestive issues
- ideal for those with strict dietary restrictions

Prevents first pass metabolism

Avoiding the GI tract also prevents first-pass metabolism by the stomach and liver. These organs break down many different molecules into their constituent parts such as THC; allowing the active constituents to reach the blood in much higher concentrations.

Speed and Rate of Absorption

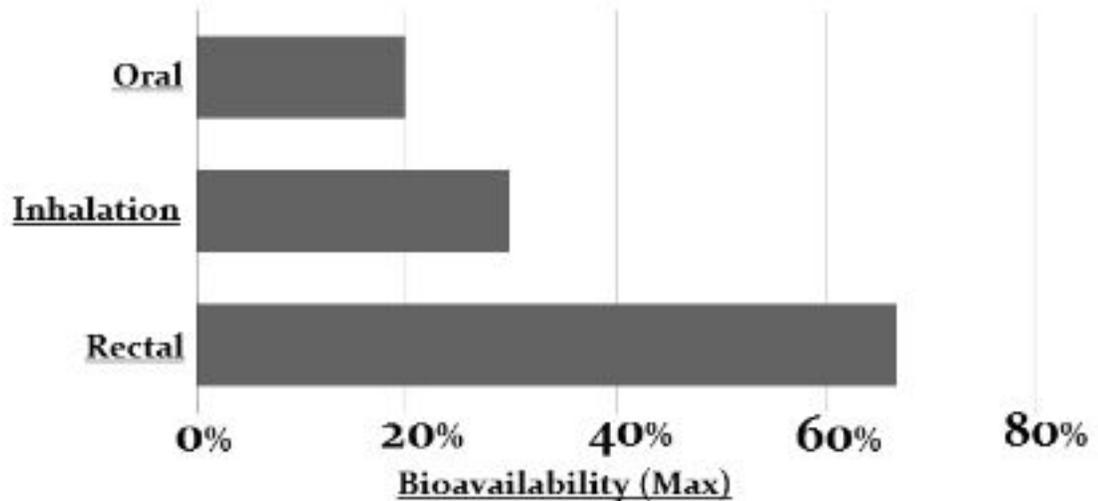
Bioavailability is defined as the speed at which a substance is absorbed into a living system.

Inhalation : 10 - 25% efficiency - highly variable - depends on the individual's level of experience

Oral : around 20% efficiency - highly variable - even between doses within a single individual

Rectal : around 50% - 70% efficiency - predictable effects even between different individual

Bioavailability of Cannabis Routes



Before Insertion

- Thoroughly wash hands and trim nails or use gloves as bacteria can enter the body through the rectum
- Ensure the suppository is firm - they can be hardened quickly in the fridge, freezer or by running cold water over them

TIP: IF USING HALF A SUPPOSITORY, CUT IT LENGTHWISE TO MAKE INSERTION EASIER.

Insertion Instructions

- Lie on your side with your top leg pulled towards your chest
- Lift your upper butt-cheek to expose your rectum
- Insert lengthwise, 1 - 1.5 inches past the anal sphincter, tip first

After Insertion

- Hold your buttocks together, tightly squeezing the muscles in your sphincter for a few seconds to help keep the suppository from sliding out.
- Remain lying on your side for a few minutes to allow the suppository to dissolve.
- Be very aware of the possibility of unintended expulsion of melted suppository residue during flatulence over the next few hours after insertion. If you have ANY doubts, use a toilet.

NOTE: CANNABIS SUPPOSITORIES ARE DESIGNED TO BE ABSORBED BY THE BODY, NOT TO CREATE A BOWEL MOVEMENT. HOWEVER, THEY CAN CREATE THIS EFFECT.